



Integrative Medicine Service Schedule for December 2019

Comforting Hands

Available to Patients on A3 or by Appointment
Tuesdays 10:00am-12:00pm

Energy Therapy – Healing Touch

Available to Patients on A4 and E4 and Radiation Center or by Appointment
Mondays 10am-12:00pm on A4
Thursdays 10:00am-12:00pm on E4 and 1:00pm-3:00pm in Radiation Center

Mindfulness Meditation

Available to D1 Patients
Tuesdays 3:00pm-3:30pm
Thursdays 10am-10:30am

Reflexology

Available to Oncology Patients on A2
Tuesdays 12:30pm-3:30pm or
December 3 & 17 1:00pm-3:00pm in Radiation Center

Therapeutic Massage

Available to D1 Patients and Radiation Center
Tuesdays 3:30pm-5:00pm on D1
Thursdays 10:30am-12:00pm on D1
December 11 1:30pm-3:30pm in Radiation Center

Therapeutic Pet Program

Monthly Visits on Patient Units and Infusion Center

Yoga and Cancer Series

Six Week Series
Tuesdays 1:30pm-2:30pm or
Wednesdays 4:30pm-5:30pm
Hartford Health Care System Support Office
11 Stott Avenue, Norwich
Conference Rooms A-C
Call to Register 1-800-HHC-HERE

*All services are complimentary to patients.
Call the Integrative Medicine office for more information or to schedule a session.
(860) 425-3877*